

Anarchominimalism

a checklist for extremists

This booklet is a companion to the zine *Anarchominimalism: a minimalism for extremists*. In it you will find the 8 Processes of Anarchominimalism and a checklist of some of the actionable elements within those processes.

Most of these actions can be accomplished in a single weekend, and almost all of them can be accomplished within a month.

If you are interested in reading *Anarchominimalism: a minimalism for extremists*, where we lay out the ideology and reasonings behind each of these processes, it can be found at

anarchominimalism.noblogs.org

We hope that you will go through this booklet and physically check off every action that you take as you do them, and that when you finish, you use it to start a fire.

Life should be easy. Make it easier.

1. **Owning only the amount that serves you**

- Declutter your belongings by separating your possessions into groups and interrogating each item to make sure it still serves you:
 - **Clothing** (Clothes/Jewelry/Accessories)
 - **Books** (Books/Zines/CookBooks)
 - **Paper** (Receipts/Fliers/Stickers)
 - **Kitchen** (Food/Spices/Cookware)
 - **Electronics** (Cables/Hard drives)
 - **Miscellaneous** (Tools/Crafts/Supplies)
 - **Sentimental** (Cards/Photos/Journals)
- Offer still useful decluttered items to friends and family or donate them
(Within 30 days of decluttering)
- Trash what is no longer useful
(Immediately after decluttering)

2. Minimizing the amount of labor you expend

- Budget finances and cut out unnecessary expenses
- Work only the amount you need to meet your budget
- Reduce unwanted efforts and labors
(simplify and automate tasks where possible)
- Declutter your social life
(only go to events you want to go to, or hang out with people you actually like.)
- Reduce burnout by not stretching yourself too thin
(Don't feel obliged to go to every demo)

3. Circumventing the economy (Sharing, Repairing, Scamming, and Stealing)

- Find creative ways to “acquire” the things you need
- Run each new possession through the path:
Sharing>Renting>Scamming>Stealing>
Buying Used>Buying New

4. Reducing ecological impact and resource extraction

- Acquire only high-quality, long-lasting items
- Minimize waste of resources and labor of yours and others
- Practice personal sustainability
- [redacted]

5. Removing physical and digital evidence

- Revisit remaining possessions to make sure you have disposed of any physical evidence that can be used against you or loved ones
- Limit flagging criminal lifestyles in public (*stickers, t-shirts, visible tattoos, etc.*)
- Learn about evidence avoidance and disposal at <https://www.noTRACE.how/>
- Delete any incriminating files from harddrive
- Delete Social Media
- Limit internet presence
- Delete personal information from online information aggregators
<https://msha.ke/securitycultureworkshop>
- Strengthen Digital security via the guides at <https://www.anarsec.guide/>

6. Limiting your digital footprint and screen time

- DELETE SOCIAL MEDIA
- Encrypt all personal digital devices
- Spend more time without your encrypted device, or at the very least have it off, away, and in a faraday bag
(not just when having spicy conversations)
- Take an inventory of remaining screen time, and “declutter” the screen time that doesn’t serve you
- Find the ways screen time works for you and find a balance with that

7. Building skills for enjoyment, sustainability, mutual-aid, self-defense and self-care

- Focus newly liberated time on learning to be more dangerous, healthy, self-sustaining, artistic, or whatever else brings you joy
- Tend towards learning in person and in community
- Build a network of people learning from each other

8. Preparing for ecological or social disasters

- Assess your threat model(s)
(Wildfires, Floods, Nazis, Raided by Feds)
- Keep necessities in your Every Day Carry
- Build a bug-out bag with at least:
 - Important Documents
(Passport, Medical Docs, Birth certificate)
 - Food and Water for at least two days
 - Prescriptions
 - First Aid Kit (with Mask and Gloves)
 - Flash Light (With extra batteries)
 - Multitool
 - Spare USB battery and charger
 - Clothes for both warm and cold weather
 - Lighter/Matches
- Store up Supplies where you live
 - Food/Water for at least two weeks
(For everyone in the house)
 - First Aid Kits
 - Flash Lights/Batteries
 - Candles/Matches/lighters
 - A way to cook without utilities
 - Prescriptions



Spark Joy

**anarchominimalism
@protonmail.com**